

Test Sheet for Kyokushin No Contact Judge & Referee

Name: \_\_\_\_\_

1. Give 2 ways to score Ippon

\_\_\_\_\_  
\_\_\_\_\_

2. What are the criteria of a combination to score?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. How do you get a Waza-Ari?

\_\_\_\_\_  
\_\_\_\_\_

4. List the areas of the body that you can attack:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Complete this statement: The penalty must directly relate to the

\_\_\_\_\_

6. What points do you need to keep in mind when judging whether a technique should score?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. Is Ushiro Geri Allowed? \_\_\_\_\_

8. Is Kake Geri allowed? \_\_\_\_\_

9. Why is inside thigh kick illegal?

\_\_\_\_\_

10. List 5 prohibited techniques:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 
11. If a fighter already has a genten for excessive contact and then gets a chui for the same, what happens? \_\_\_\_\_
  
  12. If a fighter has 2 Chui for excessive contact and gets a 3<sup>rd</sup> for the same, what happens? \_\_\_\_\_
  
  13. If a fighter has a Chui for excessive contact and gets a genten for the same, what happens? \_\_\_\_\_
  
  14. How many Chui can be awarded in a match? \_\_\_\_\_
  
  15. The 4 judges have called a foul, what can the referee do?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
  16. What is excessive contact to the face? \_\_\_\_\_
  
  17. What is excessive contact to the body? \_\_\_\_\_
  
  18. Define the "outside of the leg" as a scoring area \_\_\_\_\_  
\_\_\_\_\_
  
  19. What happens with Jodan Mawashi Geri to the head in these circumstances:  
Stops 20cm from the head \_\_\_\_\_  
Stops just at the head and was not even partially blocked \_\_\_\_\_  
Stops just at the head but was partially blocked \_\_\_\_\_  
Just touches the head \_\_\_\_\_
  
  20. What kicks are allowed to the head
  
  21. If a competitor executes an illegal technique but does not touch the opponent, what happens?.